



Camino Experience

IN THE EASTERN FREE STATE





"Life is either a daring adventure, or nothing."

HELLEN KELLER



The Maluti Mountain Camino *Extended*, covers 77kms, and offers varied and unique views of the spectacular Eastern Free State landscape and Lesotho Mountains. You can expect to see panoramic views, with birds, and wildlife in peace and tranquility, as the landscape changes dramatically along the route. This is predominantly a single track route, with minimal walking along roads.



Overnight accommodation along the route are at various Guest Farms, where the warm Fouriesburg, and Clarens hospitality in the Eastern Free State, is a unique experience.

Dinner, bed and breakfast, included.



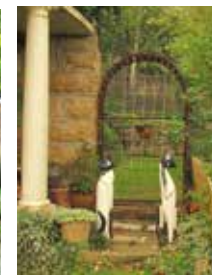
Paul Roux Village is situated in the Eastern Free State, overlooking the Witteberg Mountains at an altitude of 1539m.



Experience the magic of this authentic village, with attractions including historic Ox Wagon tracks dating back to the 1820s, galleries, charming shops and restaurants.



The weather is mild to hot during spring and very hot in summer. Winter days are lovely and warm, with cold evenings and early mornings. Autumn is the ideal time to walk, and this is also the rainy season.



PARKING



SIGNAL



TOWELS



WASHING MACHINE



ALCOHOL



CASH



ATM



CARD FACILITIES



ART



WINE TASTING



HISTORIC PLACES



HORSE TRAILS



BIRD WATCHING



WILDLIFE



FISHING



SWIMMING



TRAILS



CYCLING TRAILS

MALUTI *Extended* MOUNTAIN CAMINO

Duration: **6 Days | 7 Nights**

Distance: **77kms**

Difficulty: **Moderate**

Route Type: **Single Track Fully Guided**

Slack-Packing: Included

GROUP SIZE: 6-12

***Includes Bed, Breakfast and Dinner**

***Shared Accommodation.**



Route Information

Maluti Mountain Camino Extended

- Day 1 ~ After lunch at The Pink Tricycle, take the shuttle to **Old Mill Drift Guest Farm**
- Day 2 ~ Walk to **Barbet Country Cottages/Omega Mountain Luxury Retreat** (17,58kms)
- Day 3 ~ Walk to **Lesoba Guest Farm** (17,17kms)
- Day 4 ~ Walk to **Mafube Mountain Retreat** (8,74kms)
- Day 5 ~ Walk to **Nature's Loft** (15kms) *WINETASTING Stopover at Mile High Vineyards (6kms) STARGAZING in the evening at Nature's Loft*
OPTIONAL: PRE BOOK HORSERIDING for your group at this stopover @R250pp
- Day 6 ~ Walk to **Union House** (10,5kms)
- Day 7 ~ Walk to **Wyndford Holiday Farm** (8kms) *CASTLE EXCURSION including TEA & SCONES,*
OPTIONAL: PRE BOOK HIGH TEA for your group at this stopover @R300pp
- Day 8 ~ Shuttle back to **The Pink Tricycle Tea Room** in Paul Roux

Maluti Mountain Camino Extended *flipped*

- Day 1 ~ After lunch at The Pink Tricycle, take the shuttle to **Wyndford Holiday Farm**
- Day 2 ~ Walk to **Union House** (10,5kms)
After 2,5kms CASTLE EXCURSION including TEA & SCONES or, OPTIONAL: PRE BOOK HIGH TEA for your group at this stopover @R300pp
- Day 3 ~ Walk to **Nature's Loft** (15kms)
WINETASTING at The Mile High Vineyards (9kms) STARGAZING in the evening at Nature's Loft
OPTIONAL: PRE BOOK HORSERIDING for your group at this stopover @R250pp
- Day 4 ~ Walk to **Mafube Mountain Retreat** (8,74kms)
- Day 5 ~ Walk to **Lesoba Guest Farm** (17,17kms)
- Day 6 ~ Walk to **Barbet Country Cottages/Omega Mountain Luxury Retreat** (17,58kms)
- Day 7 ~ Walk to **Old Mill Drift** (17,58kms)
- Day 8 ~ Shuttle back to **The Pink Tricycle Tea Room** in Paul Roux



DAY 1

Arrive in Paul Roux by 12h00. Light lunch at the Pink Tricycle Tea Room. Transport to Old Mill Drift Guest Farm where you will overnight.

Parking is provided for the duration of your pilgrimage.

Be amazed as the wilderness areas change on your drive to Old Mill Drift, located along the bank of the Caledon River. Towels provided



SINGLE & DOUBLE BEDS.
BEDDING PROVIDED



DINNER: SIT DOWN
BREAKFAST: SIT DOWN



to Old Mill Drift

Accommodation depends on group size, and sharing preferences.

ACTIVITIES



DAY 2

Walk 17.58km from Old Mill Drift, to The Barbet Country Cottages or Omega Luxury Mountain Retreat.

Enjoy panoramic views of Lesotho, the Caledon River and the Fouriesburg area, with unusual, daunting rock formations, as you walk towards The Barbet. Towels provided.



SINGLE & DOUBLE BEDS
BEDDING: PROVIDED



DINNER: SIT DOWN
BREAKFAST: SIT-DOWN



ACTIVITIES



DAY 3

Walk 17.17km from The Barbet, to Lesoba Guest Farm.

You will marvel at the red and yellow sandstone mountains, surrounded by wonderful wilderness areas and breathtaking views of Lesotho from the top of the mountain. Towels provided.



SINGLE & DOUBLE BEDS.
BEDDING PROVIDED & ELECTRIC BLANKETS



DINNER: SIT DOWN
BREAKFAST: SIT DOWN



ACTIVITIES





DAY 4

Walk 8.74km from Lesoba Guest Farm, to Mafube Mountain Retreat.

Enjoy the panoramic views along your guided walk and experience the quiet beauty of the Eastern Free State landscape. After lunch walk to Mafube and enjoy more local hospitality and a good nights rest. Towels provided.

 SINGLE & DOUBLE BEDS
BEDDING: PROVIDED

 DINNER: SIT DOWN
BREAKFAST: SIT-DOWN



ACTIVITIES




DAY 5

Walk 15km from Mafube Mountain Retreat, to Nature's Loft Guest Farm.

This section of the route is picturesque, with wide expanses, offering panoramic views of Fouriesburg. Experience off the grid living at these accommodations. Towels provided.

 SINGLE & DOUBLE
BEDDING PROVIDED

 DINNER: SIT DOWN
BREAKFAST: SIT DOWN



ACTIVITIES



DAY 6

Walk 10.5km from Nature's Loft to Union House.

Enjoy elevated views of Lesotho, to be seen just over the Caledon River, surrounded by orange sandstone mountains, as you walk towards the historic Union House. Towels provided.

 SINGLE & DOUBLE BEDS
BEDDING: PROVIDED

 DINNER: SIT DOWN
BREAKFAST: SIT-DOWN



ACTIVITIES





DAY 7

Walk 8km from Union House to Wyndford Holiday Farm.

As you walk towards Wyndford, explore the historic, medieval Destiny Castle and be inspired by the 360 degree panoramic views of Lesotho, Fouriesburg and Clarens . Towels provided.

 **SINGLE & DOUBLE BEDS.**
BEDDING PROVIDED

 **DINNER: SIT DOWN**
BREAKFAST: SIT DOWN



ACTIVITIES



DAY 8

Shuttle to Paul Roux

Pilgrims are collected at Wyndford Holiday Farm between 8:30 & 9:00am, and transported back to Dunlin B&B in Paul Roux where your vehicle is parked.

 **SINGLE & DOUBLE BEDS.**
BEDDING PROVIDED

 **DINNER: SIT DOWN**
BREAKFAST: SIT DOWN



to Dunlin B&B

PAUL ROUX VILLAGE



ACTIVITIES





WHAT TO PACK

2 x water bottles
 Hat
 Sunblock
 Raincoat
 Wash & wear clothing
 Bathing suit
 Swimming towel
 Warm jacket
 Comfortable walking shoes
 Sandals/easy shoes (evenings)
 Adaptor (cell phone charger)
 Washing powder (small)
 Clothes pegs
 Toiletries
 Toilet paper
 Binoculars

FIRST AID KIT

Band aids
 Antiseptic/antibiotic cream
 Headache tablets
 Mercurochrome
 Needle
 Vaseline: *To minimise the possibility of painful feet and blisters, apply Vaseline to your feet every day for a month before your pilgrimage.*
 Magnesium supplements:
 Assists with sore muscles and minimises cramps.



WHAT YOU WILL RECEIVE

Many Pilgrims use the Maluti Mountain Camino as an opportunity to slow down and experience the upliftment of nature. You will receive a buff to wear for your guided walk.





ADDITIONAL INFORMATION



INFORMATION SESSION

An information meeting will be held at 12h00 at The Pink Tricycle Tearoom in Paul Roux before pilgrims are transported to either The Fat Mulberry Guest Farm, or Old Mill Drift Guest Farm.

You will also receive your buff and other information.



TAILORED ROUTES

We're finding new and exciting ways to help you break away from the stress and routine of modern life. Whether you enjoy cycling, or a brisk and bracing hike, we customise routes, designed around your preferred activities, accommodations and diet.

Contact us to book your groups tailored route.



SLACK-PACKING & SUPPORT VEHICLE

Slack-Packing is included on the Maluti Mountain Camino and the Flipped Route.

Should there be an emergency, a Support Vehicle is on standby.

MALUTI MOUNTAIN CAMINO

 Register online today:
sungazerpilgrimage.co.za/maluti-mountain-camino

 Reneé
082 304 7006

 Email us:
sungazerjourney@gmail.com

