

# Camino Experience IN THE EASTERN FREE STATE







*"Life is either a daring adventure, or nothing."*  
HELLEN KELLER



The **Newbery Passion** route, covers the full 186.5km circular Sungazer Pilgrimage Route, and offers varied and unique views of the spectacular Eastern Free State landscape. You can expect to see beautiful views, birds, and wildlife in peace and tranquility, while passing farms, game farms with little to no traffic. Please note that you will be walking along provincial gravel roads, tar roads, and farm roads.



Overnight accommodations along the route include charming Guest Farms, B&Bs, Game Farms, Mountain Lodges, as well as backpacker style accommodation. Dinner, bed and breakfast is included.

- PARKING
- SIGNAL
- TOWELS
- WASHING MACHINE
- ALCOHOL
- HONESTY BASKET
- CASH
- ATM
- CARD FACILITIES
- ART
- WINE TASTING
- HISTORIC PLACES
- HORSE TRAILS
- BIRD WATCHING
- WILDLIFE
- GAME DRIVES
- FISHING
- SWIMMING
- TRAILS
- CYCLING TRAILS



Paul Roux Village is situated in the Eastern Free State, overlooking the Witteberg Mountains at an altitude of 1539m.



Experience the magic of this authentic village, with attractions including historic Ox Wagon tracks dating back to the 1820s, galleries, charming shops and restaurants.



The weather is mild to hot during spring and very hot in summer. Winter days are lovely and warm, with cold evenings and early mornings. Autumn is the ideal time to walk, and this is also the rainy season.







# Newbery Passion

10 Days 11 Nights | 186.5kms

GROUP SIZE: 6-14

*\*Surcharge for single rooms (on availability)*







### DAY 1

#### Arrive in Paul Roux

Welcome, information session and dinner at the licensed Pink Tricycle Tea Room. Overnight at Dunlin B&B. Towels provided.

Parking is provided for your vehicles for the duration of your pilgrimage.

 SINGLE & DOUBLE BEDS  
BEDDING: DUVETS & BLANKETS

 DINNER: CAN BE 2 OR 3 COURSE MEAL  
BREAKFAST: SIT DOWN



Stock up on snacks and cold drinks in the village.

PAUL ROUX VILLAGE



ACTIVITIES



### DAY 2

#### Walk 15km to Uniondale Game Farm

After a relatively easy walk along gravel roads, you will arrive at Uniondale Game Farm.

Relax at the swimming pool or spa, go horseback riding or enjoy a game drive. The restaurant is licensed. Towels provided.

 SINGLE & DOUBLE BEDS  
BEDDING: DUVETS & ELECTRIC BLANKETS

 DINNER: 3 COURSE MEAL  
BREAKFAST: SIT DOWN



Snacks are available in an honesty basket. Please leave cash.



ACTIVITIES



### DAY 3

#### Walk 11.5km to Holhoek Game Farm

Walk to Holhoek, whereafter you will be fetched and taken to Witkop Safari's where you will overnight.

Towels and bedding provided.

 SINGLE & DOUBLE BEDS  
BEDDING PROVIDED

 DINNER: BUFFET  
BREAKFAST: BUFFET



ACTIVITIES





**DAY 4**  
**Walk 24km to Slabberts Farmers Association Hall**

After breakfast, Pilgrims are transported 3km from Holhoek, where you will start walking to Slabberts and continue with the route.  
 On arrival at the hall, pilgrims will be collected and transported to Elizabeth Farm Stay.

 SINGLE & DOUBLE.  
 BEDDING & TOWELS PROVIDED

 DINNER: SIT-DOWN  
 BREAKFAST: SIT-DOWN



ACTIVITIES



**DAY 5**  
**Walk 15kms to Uitzicht Guest Farm**

Another early start to Uitzicht Game Farm! The last 3km is uphill, where you will be rewarded with a 180 degree view of the Witteberg and Mauti Mountains.  
 Enjoy a sundowner at the swimming pool while taking in the view. Towels provided.

 SINGLE & DOUBLE BEDS  
 BEDDING: DUVETS & BLANKETS

 DINNER: SIT-DOWN  
 BREAKFAST: PRE-PACKED



Stock up for Emden at the small farm shop about 5km from Uitzicht.



ACTIVITIES



**DAY 6**  
**Walk 20km to Emden Guest Farm**

Enjoy the beautiful views of over the Maluti Mountains, while walking past cherry farms. Walk along the tree lined lane as you approach Emden Guest Farm.  
 Towels provided.

 APARTMENT: SINGLE & DOUBLE BEDS  
 MILK PARLOUR: MATTRESSES ON PALLETS  
 BEDDING: DUVETS & BLANKETS

 DINNER: SIT DOWN TO A PREPARED MEAL  
 BREAKFAST: HELP YOURSELF TO BREAKFAST IN THE KITCHEN



Bird lovers be sure to visit the farm dam.

ACTIVITIES







**DAY 7**  
**Walk 25km Valuta Guest Farm**

Enjoy picturesque views set against the Witteberg mountain and over the Maluti mountain range.

Towels provided at both accommodations.

 **DOUBLE BEDS.**  
 DUVETS, BLANKETS & ELECTRIC BLANKETS

 **DINNER: SIT DOWN**  
**BREAKFAST: SIT DOWN**



Accommodation depends on group size,  
 and sharing preferences.



ACTIVITIES



**DAY 8**  
**Walk 11km to Nebo Mountain Lodge**

A short day, with a bit of a climb as you walk to the overnight stop. The view of the Mountain Kingdom of Lesotho, and the Witteberg Mountain range is your reward.

Towels provided.

 **SINGLE & DOUBLE BEDS**  
 BEDDING PROVIDED

 **DINNER: SIT DOWN**  
**BREAKFAST: SIT DOWN**




ACTIVITIES




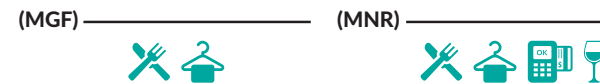
**DAY 9**  
**Walk 13km to Moolmanshoek Nature Reserve (MNR) OR 28km Mosamane Guest Farm (MGF)**

Slow and steady on this route with two steep hills along the way to Mosamane. A shorter day for those walking to Moolmanshoek.

Towels provided at both accommodations.

 **(MGF) BEDDING PROVIDED**  
**(MNR) BEDDING PROVIDED**

 **(MGF) DINNER: BRAAI, SALAD & ROLLS** **BREAKFAST: EGGS, ROLLS, SAUSAGE (ALL INGREDIENTS IN THE FRIDGE)**  
**(MNR) DINNER: BUFFET** **BREAKFAST: BUFFET**



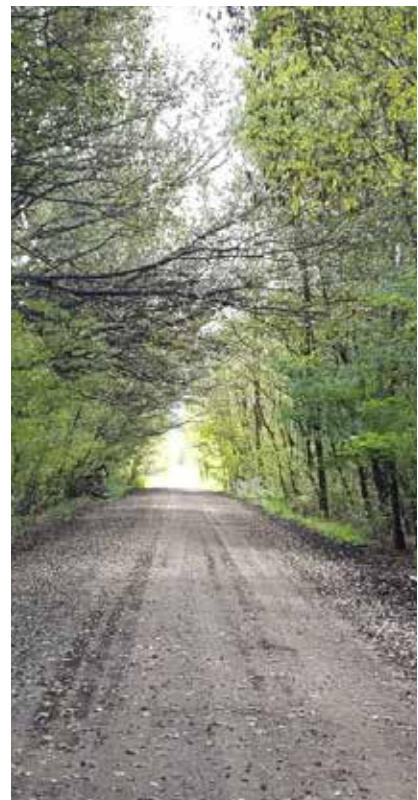
Snacks and refreshments provided at Mosemane.  
 Beer and wine can be purchased at Moolmanshoek



ACTIVITIES







**DAY 10**  
**Walk 10km (MGF)/ 19km (MNR) to House Beautiful**

This is an easy walk partially along a tar road with breathtaking views. Enjoy an alternate route which includes a single track, also part of this day. House Beautiful is a classic guest house in the small farming town and arts colony of Rosendal. Towels provided.



SINGLE & DOUBLE BEDS  
 BEDDING: DUVETS & BLANKETS



DINNER: 2 COURSE AT BENJAMIN'S RESTAURANT  
 BREAKFAST: PRE-PACKED



Cold drinks and wine available from the honesty basket. (Benjamin's is not licensed).



ROSENDAL TOWN



ACTIVITIES



**DAY 11**  
**Walk 27km to Paul Roux**

This longer walk takes you up a steep hill or two with beautiful views along the way to Dunlin B&B in Paul Roux where you will overnight.

Towels provided. Breakfast and Lunch included.



SINGLE & DOUBLE BEDS  
 BEDDING: DUVETS & BLANKETS



DINNER: SIT DOWN  
 BREAKFAST & LUNCH: SIT DOWN



*\*Dependant on group size & availability, pilgrims might overnight at one of two alternate accommodations in Paul Roux.*

PAUL ROUX VILLAGE



ACTIVITIES







## WHAT TO PACK

3 x water bottles  
Hat  
Sunblock  
Raincoat  
Wash & wear clothing  
Bathing suit  
Bath & swimming towel  
Warm jacket  
Comfortable walking shoes  
Sandals/easy shoes (evenings)  
Adaptor (cell phone charger)  
Washing powder (small)  
Clothes pegs  
Toiletries  
Toilet paper  
Binoculars

**FIRST AID KIT**  
Band aids  
Antiseptic/antibiotic cream  
Headache tablets  
Mercurochrome  
Needle  
*Vaseline: To minimise the possibility of painful feet and blisters, apply Vaseline to your feet every day for a month before your pilgrimage.*  
**Magnesium supplements:**  
*Assists with sore muscles and minimises cramps.*



## WHAT YOU WILL RECEIVE

Many Pilgrims use the Sungazer Pilgrimage as an opportunity to slow down and experience the upliftment of nature. A passport/journal is provided with information, a map and directions of your route.







## ADDITIONAL INFORMATION



### INFORMATION SESSION

An information session will be held with the pilgrims at Dunlin B&B the evening before your journey starts.

You will also receive your passport/journal and other information.



### TAILORED ROUTES

We're finding new and exciting ways to help you break away from the stress and routine of modern life. Whether you enjoy cycling, slack-packing, or a brisk and bracing hike, we customise routes, designed around your preferred activities, accommodation and diet.

Contact us to discuss your route, accommodation and dietary preferences, or register online.



### SLACK-PACKING & SUPPORT VEHICLE

*For tariffs:*

Please contact us for rates and more information regarding slack-packing.

Should there be an emergency, a Support Vehicle is available.

We do hope you spot a Sungazer Lizard on your journey!

### SUNGAZER PILGRIMAGE

RENEE WOLFAARDT: +27 82 304 7006  
admin@sungazerpilgrimage.co.za

