

Camino Experience IN THE EASTERN FREE STATE

























"Life is either a daring adventure, or nothing."
HELLEN KELLER



The **Newbery Passion** route, covers the full 211km circular Sungazer Pilgrimage Route, and offers varied and unique views of the spectacular Eastern Free State landscape. You can expect to see beautiful views, birds, and wildlife in peace and tranquility, while passing farms, game farms with little to no traffic. Please note that you will be walking along provincial gravel roads, tar roads, and farm roads.



Overnight accommodations along the route include charming Guest Farms, B&Bs, Game Farms, Mountain Lodges, as well as backpacker style accommodation. Dinner, bed and breakfast is included.

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PARKING
- 
SIGNAL
- 
TOWELS
- 
WASHING MACHINE
- 
ALCOHOL
- 
HONESTY BASKET
- 
CASH
- 
ATM
- 
CARD FACILITIES
- 
ART
- 
WINE TASTING
- 
HISTORIC PLACES
- 
HORSE TRAILS
- 
BIRD WATCHING
- 
WILDLIFE
- 
GAME DRIVES
- 
FISHING
- 
SWIMMING
- 
TRAILS
- 
CYCLING TRAILS



Paul Roux Village is situated in the Eastern Free State, overlooking the Witteberg Mountains at an altitude of 1539m.



Experience the magic of this authentic village, with attractions including historic Ox Wagon tracks dating back to the 1820s, galleries, charming shops and restaurants.



The weather is mild to hot during spring and very hot in summer. Winter days are lovely and warm, with cold evenings and early mornings. Autumn is the ideal time to walk, and this is also the rainy season.





Newbery Passion

11 Days 12 Nights | 211kms

GROUP SIZE: 6-14

**Surcharge for single rooms (on availability)*





DAY 1

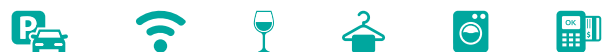
Arrive in Paul Roux

Welcome, information session and dinner at the licensed Pink Tricycle Tea Room. Overnight at Dunlin B&B. Towels provided.

Parking is provided for your vehicles for the duration of your pilgrimage.

 SINGLE & DOUBLE BEDS
BEDDING: DUVETS & BLANKETS

 DINNER: CAN BE 2 OR 3 COURSE MEAL
BREAKFAST: SIT DOWN



Stock up on snacks and cold drinks in the village.

PAUL ROUX VILLAGE



ACTIVITIES



DAY 2

Walk 15km to Uniondale Game Farm

After a relatively easy walk along gravel roads, you will arrive at Uniondale Game Farm.

Relax at the swimming pool or spa, go horseback riding or enjoy a game drive. The restaurant is licensed. Towels provided.

 SINGLE & DOUBLE BEDS
BEDDING: DUVETS & ELECTRIC BLANKETS

 DINNER: 3 COURSE MEAL
BREAKFAST: SIT DOWN



Snacks are available in an honesty basket. Please leave cash.



ACTIVITIES



DAY 3

Walk 11.5km to Holhoek Game Farm

Walk to Holhoek, whereafter you will be fetched and taken to Witkop Safari's where you will overnight.

Towels and bedding provided.

 SINGLE & DOUBLE BEDS
BEDDING PROVIDED

 DINNER: BUFFET
BREAKFAST: BUFFET



ACTIVITIES





DAY 4

Walk 27km to Slabberts Farmers Association Hall

After breakfast, Pilgrims are transported back to Holhoek to continue with the route to Slabberts. On arrival at the hall, pilgrims (groups 6 or more) will be fetched and taken to Bella Montagna Guest Farm (BM). Groups less than 6 will sleep at Verzierskerf Farm (VF).

Belissimo is the licensed restaurant at Bella Montagna.



(BM) SINGLE & DOUBLE. DUVETS & BLANKETS
(VF) MATTRESSES ON PALLETS
 BRING SLEEPING BAG, PILLOW & TOWEL



(BM) DINNER: SIT-DOWN BREAKFAST: SIT-DOWN
(VF) DINNER: CHICKEN PASTA, SALAD, ROLLS
 BREAKFAST PACKS: TOASTED SANDWICHES,
 BOILED EGGS, SAUSAGES & YOGHURT

(BM)

(VF)



Snacks/wine available from the honesty basket at Verzierskerf.



ACTIVITIES



DAY 5

Walk 20kms to Willowdene Guest Farm

This leg of the route winds up and downhill, with abundant birdlife as you approach Willowdene Guest Farm, nestled in the Witteberg Mountains.

Towels provided.



SINGLE & DOUBLE BEDS
 BEDDING: DUVETS & BLANKETS



DINNER: GENERALLY PASTA, SALAD, ROLLS
BREAKFAST PACKS: PACK YOUR OWN WITH COLD
 MEATS, ROLLS, BOILED EGGS & YOGHURT



Willowdene will contact you for your refreshment requirements after arrival.



ACTIVITIES



DAY 6

Walk 24kms to Uitzicht Guest Farm

Another early start to Uitzicht Game Farm! The last 3km is uphill, where you will be rewarded with a 180 degree view of the Witteberg and Maulti Mountains.

Enjoy a sundowner at the swimming pool while taking in the view. Towels provided.



SINGLE & DOUBLE BEDS
 BEDDING: DUVETS & BLANKETS



DINNER: PREPARED, ONLY NEEDS TO BE WARMED UP
BREAKFAST: CONTINENTAL BREAKFAST



Stock up for Emden and Malutizicht at the small farm shop about 5km from Uitzicht.



ACTIVITIES





DAY 7

Walk 20km to Emden Guest Farm

Enjoy the beautiful views of over the Maluti Mountains, while walking past cherry farms. Walk along the tree lined lane as you approach Emden Guest Farm.

Towels provided.



APARTMENT: SINGLE & DOUBLE BEDS
MILK PARLOUR: MATTRESSES ON PALLETS
BEDDING: DUVETS & BLANKETS



DINNER: SIT DOWN TO A PREPARED MEAL
BREAKFAST: HELP YOURSELF TO BREAKFAST IN THE KITCHEN



Bird lovers be sure to visit the farm dam.

ACTIVITIES



DAY 8

Walk 22kms to Malutizicht Guest Farm (M) or 25km Valuta Guest Farm (V)

Enjoy picturesque views set against the Witteberg mountain and over the Maluti mountain range. If overnighting at Valuta, walk an additional 1.5km on the tar road, and 1.5km from the turn off onto the farm road to Valuta. Towels provided at both accommodations.



(M) SINGLE & DOUBLE. DUVETS & BLANKETS
(V) DOUBLE BEDS. DUVETS, BLANKETS & ELECTRIC BLANKETS



(M) DINNER: BRAAI, SALAD & ROLLS BREAKFAST: EGGS, ROLLS, SAUSAGE (ALL INGREDIENTS IN THE FRIDGE)
(V) DINNER: SIT DOWN BREAKFAST: SIT DOWN

(M)

(V)



Accommodation depends on group size, and sharing preferences.



ACTIVITIES



DAY 9

Walk 14km (from Malutizicht), or 11km (from Valuta) to Nebo Mountain Lodge (N)

A short day, with a bit of a climb as you walk to the overnight stop. The view of the Mountain Kingdom of Lesotho, and the Witteberg Mountain range is your reward.

Towels provided.



SINGLE & DOUBLE BEDS
BEDDING PROVIDED



DINNER: SIT DOWN
BREAKFAST: SIT DOWN



ACTIVITIES





DAY 10

Walk 13km to Moolmanshoek Nature Reserve (MNR) OR 28km Mosamane Guest Farm (MGF)


Slow and steady on this route with two steep hills along the way to Mosamane. A shorter day for those walking to Moolmanshoek. Towels provided at both accommodations.

 (MGF) BEDDING PROVIDED
(MNR) BEDDING PROVIDED

 (MGF) DINNER: BRAAI, SALAD & ROLLS BREAKFAST: EGGS, ROLLS, SAUSAGE (ALL INGREDIENTS IN THE FRIDGE)
(MNR) DINNER: BUFFET BREAKFAST: BUFFET

(MGF) _____ (MNR) _____



Snacks and refreshments provided at Mosemane. Beer and wine can be purchased at Moolmanshoek 

 ACTIVITIES 

DAY 11


Walk 10km (MGF)/ 19 (MNR) to House Beautiful

This is an easy walk partially along a tar road with breathtaking views. Enjoy an alternate route which includes a single track, also part of this day. House Beautiful is a classic guest house in the small farming town and arts colony of Rosendal. Towels provided.

 SINGLE & DOUBLE BEDS
BEDDING: DUVETS & BLANKETS

 DINNER: 2 COURSE AT BENJAMIN'S RESTAURANT
BREAKFAST: PRE-PACKED



Cold drinks and wine available from the honesty basket. (Benjamin's is not licensed) 

ROSENDAL TOWN  

ACTIVITIES 

DAY 12

Walk 27km to Paul Roux

This longer walk takes you up a steep hill or two with beautiful views along the way to Dunlin B&B in Paul Roux where you will overnight.

Towels provided. Breakfast and Lunch included.

 SINGLE & DOUBLE BEDS
BEDDING: DUVETS & BLANKETS

 DINNER: SIT DOWN
BREAKFAST & LUNCH: SIT DOWN



**Dependant on group size & availability, pilgrims might overnight at one of two alternate accommodations in Paul Roux.*

PAUL ROUX VILLAGE  







WHAT TO PACK

3 x water bottles
Hat
Sunblock
Raincoat
Wash & wear clothing
Bathing suit
Bath & swimming towel
Warm jacket
Comfortable walking shoes
Sandals/easy shoes (evenings)
Adaptor (cell phone charger)
Washing powder (small)
Clothes pegs
Toiletries
Toilet paper
Binoculars

FIRST AID KIT
Band aids
Antiseptic/antibiotic cream
Headache tablets
Mercurochrome
Needle
Vaseline: To minimise the possibility of painful feet and blisters, apply Vaseline to your feet every day for a month before your pilgrimage.
Magnesium supplements:
Assists with sore muscles and minimises cramps.



WHAT YOU WILL RECEIVE

Many Pilgrims use the Sungazer Pilgrimage as an opportunity to slow down and experience the upliftment of nature. A passport/journal is provided with information, a map and directions of your route.





ADDITIONAL INFORMATION



INFORMATION SESSION

An information session will be held with the pilgrims at Dunlin B&B the evening before your journey starts.

You will also receive your passport/journal and other information.



TAILORED ROUTES

We're finding new and exciting ways to help you break away from the stress and routine of modern life. Whether you enjoy cycling, slack-packing, or a brisk and bracing hike, we customise routes, designed around your preferred activities, accommodation and diet.

Contact us to discuss your route, accommodation and dietary preferences, or register online.



SLACK-PACKING & SUPPORT VEHICLE

For tariffs:

Please contact us for rates and more information regarding slack-packing.

Should there be an emergency, a Support Vehicle is available.

We do hope you spot a Sungazer Lizard on your journey!

SUNGAZER PILGRIMAGE

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